The PA State Board of Medicine regulations state that to renew a medical license, a physician will need:

100 total credit hours of CME in the two-year license cycle (with license cycles ending on Dec. 31 of each even year)

A minimum of 20 of the total credit hours in Category 1

12 credit hours in the areas of patient safety or risk management (either Category 1 or Category 2)

The Perelman School of Medicine at the University of Pennsylvania provides a number of resources for obtaining these 12 credit hours in Patient Safety/Risk Management. These activities are also designated for AMA PRA Category 1 Credits™:

Certified Case Conferences and M&Ms and Particular Lectures [2]

How do I know if a CME activity is patient safety or risk management?

The following list of topics will satisfy the patient safety/risk management requirement:

Improving medical records and record keeping
Reducing medical errors
Professional conduct and ethics
Improving communication among physicians and with other health care personnel
Communication between physicians and patients
Preventive medicine education
Health care quality improvement

As long as the CME activity falls within these topics, you can count it toward the patient safety/risk management requirement. The course does not have to state, and very likely may not, that it is a patient safety or risk management course. According to the regulations, the patient safety or risk management credit hours can be in either Category 1 or Category 2.